



CONNECT GROUP GUIDE

Connect Group Guide: WK 8 CHURCH GONE WILD: “Bodies Matter”

Read 1 Corinthians 6:12-20

1. Paul says, “All things are lawful for me, but not all things are helpful.” Why is “*Can a Christian do this?*” sometimes the wrong question? How would our decisions change if we instead asked, “Is this helpful? Is this controlling me? Does this glorify God?”
2. Paul warns, “I will not be dominated by anything.” What are some things that may not be sinful by themselves but can slowly begin to control us—our phones, food, work, money, relationships, hobbies, entertainment, etc.? How can we recognize when a good thing has become a “god thing”?
3. Jesus doesn’t simply forgive us from the penalty of sin; He sets us free from its power. Why do we sometimes return to the very things Christ has freed us from? What does it practically look like to “stand firm” in the freedom Christ has given us?
4. Paul says our bodies are “members of Christ” and “a temple of the Holy Spirit.” How should knowing that we belong to Jesus change what we do with our bodies, our sexuality, our words, our time, and even what we look at when no one else is watching?
5. When it comes to sexual immorality, Paul doesn’t say to manage it—he says to “flee.” Why do you think Scripture gives such a strong command? What boundaries might we need to put in place so that we are fleeing temptation rather than seeing how close we can get to it?
6. Verse 20 gives us the gospel before it gives us the command: “You were bought with a price. So glorify God in your body.” What is the difference between obeying God to earn His love and obeying God because we have already been loved and redeemed by Jesus? How does the gospel change our motivation for obedience?
7. The sermon ends not with “try harder,” but “remember who bought you.” Where in your life are you most tempted to rely on willpower, self-improvement, or religious performance instead of Jesus? How does remembering Christ’s broken body, shed blood, death, and resurrection give us both the motivation and power to live differently?

Closing Question-Going Deeper

1. After reading 1 Corinthians 6:12–20, is there anything dominating you that Jesus is calling you to surrender, flee from, or use differently for His glory?

