



CONNECT GROUP GUIDE

Connect Group Guide: WK 12 CHURCH GONE WILD: “Come to the Table”

Read 1 Corinthians 11

1. Why do you think Jesus gave us something physical like the bread and the cup to help us remember the gospel? What are we prone to forget about Jesus and His sacrifice when we don't intentionally stop and remember?
2. Paul rebuked the Corinthians because Communion had become an empty routine instead of a meaningful remembrance. What are some spiritual practices—Communion, prayer, worship, Scripture, church attendance—that can become routine for us? How can we keep our hearts focused on Jesus rather than simply “going through the motions”?
3. The sermon said, “We don't come to the table because we're good enough. We come because Jesus is good enough.” How does that statement help us understand the gospel? Why is there a difference between examining ourselves and trying to make ourselves worthy?
4. 1 Corinthians 11:26 says that when we take Communion, we “proclaim the Lord's death until He comes.” What exactly are we proclaiming through the bread and the cup? How do the cross, resurrection, forgiveness of sin, and Jesus' promised return all come together in Communion?
5. Communion causes us to look back, look around, look up, look forward, and look within. Which of those directions do you most need to focus on right now, and why? How does the gospel speak to what you see when you look there?
6. Paul tells believers to examine themselves before taking Communion. What is the difference between healthy, gospel-centered examination that leads to confession and repentance and condemnation that makes us want to hide from God? How does 1 John 1:9 help us understand what God desires when He reveals our sin?
7. The Corinthians' divisions contradicted the gospel they were proclaiming at the Lord's Table. If Communion reminds us that every believer has been rescued by the same blood of Jesus, how should that change the way we handle division, unforgiveness, pride, or conflict within the church? Is there anything Jesus may be calling you to confess, forgive, surrender, or make right?

Closing thought: Communion reminds us that Jesus' body was broken for us, His blood was poured out for us, our sins can be forgiven, and He is coming again. Spend a few minutes praying together, thanking Jesus that our hope is not found in making ourselves worthy—but in the One who makes us worthy.