



CONNECT GROUP GUIDE

WK 3 Gratitude Gratitude in Difficult Seasons

Opening Question

- When life gets difficult, what is your natural response?

Read 1 Thessalonians 5:12–18

Discussion Questions:

A. Unity and Care for One Another (vv. 12–15)

- What stands out to you in Paul's instructions about how a church should treat its leaders and one another?
- Where have you seen the church "be the church" to someone recently? (Support, encouragement, prayer, practical help.)
- Which is hardest for you: warning the idle, encouraging the discouraged, helping the weak, or being patient with everyone? Why?

B. Rejoice, Pray, Give Thanks (vv. 16–18)

- Why is it hard to rejoice or give thanks when life is difficult?
- Where have you seen God "in the details" during a hard season? (Timing, people, protection, provision.)
- What's the difference between rejoicing *in* circumstances vs. rejoicing *in God*?

Application:

- This week, what is one small habit you can practice to grow gratitude in a difficult season?
- Close by having each person share one sentence prayer: "Lord, thank You for _____ in my life right now."

Announcements:

Connect group leader training will be on 12/14/25 right after church. If you are interested in becoming a Connect Group leader now or in the near future, please attend this training. Lunch will be provided!

