



Connect Group Guide: WK 40
TWS: The Garden of Gethsemane

READ: Mark 14:32-42

1. When you are in a “Gethsemane season” (trial, pressure, or suffering), what is your natural response—and how does it compare to Jesus’ response of prayer and surrender? What does this reveal about what you trust most in those moments?
2. Jesus prayed, “Not my will, but yours be done.” Where in your life are you resisting God’s will right now? What would surrender actually look like in that situation?
3. The disciples slept while Jesus prayed. In what ways might you be “spiritually asleep” instead of watchful and prayerful? What is one practical step you can take this week to stay spiritually alert?
4. Jesus didn’t just pray in crisis—prayer was His rhythm. What does your current prayer life reveal about your dependence on God? How can you move from “emergency prayer” to a consistent, daily connection with Him?
5. Jesus honestly poured out His heart (“take this cup from me”), yet still trusted the Father. Are your prayers marked more by honesty or by surface-level words? What is something real and specific you need to bring before God today?
6. The “cup” Jesus drank was the wrath we deserved. How does remembering that Jesus took your place reshape how you view your current suffering or trials? How does the gospel give you hope and strength to endure?
7. Jesus invited others to pray with Him. Who are you intentionally praying for right now—and who is praying for you? What step can you take to build deeper, gospel-centered prayer relationships this week?



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Deeper Theological Conversation Questions:

1. In Mark 14:36, Jesus prays for the cup to pass yet fully submits to the Father's will—what does this reveal about the relationship between Jesus' human will and divine will, and why is this essential to the gospel? How does His obedience as the “second Adam” succeed where we failed (Romans 5), and why did our salvation require not just His death, but His perfect submission?

2. The “cup” represents the full wrath of God against sin (Psalm 75; Romans 3). Why is it theologically necessary that Jesus drink the cup completely, rather than God simply forgiving sin without judgment? What does this teach us about God's justice, holiness, and love—and how do all three meet at the cross?

IMPORTANT ANNOUNCEMENTS

- TWO services: 9AM & 11AM
- Heart & Soul
 - Session 2 March 29th @4pm (Makeup Session 1 afterwards)
- Worship Night for Connection Students and Connection College
 - Sunday March 29th @ 6pm
 - Invite your ONE MORE!