



## CONNECT GROUP GUIDE

### Connect Group Guide: WK 32 TWS: Worry

#### Main Passage: Matthew 6:25–34

##### 1. Gospel First (Matthew 5:1-3)

Jesus begins the Sermon on the Mount with blessing before behavior. How does knowing “theirs is the kingdom of heaven” change the way you hear Jesus’ command, “Do not worry”?

##### 2. The “Therefore” Question (v.25)

Jesus connects worry to money, treasure, and worship. What do you tend to worry about most, and what might that reveal about where you’re placing your hope or security?

##### 3. Does Worry Work? (vv.26–27)

Jesus asks if worry can add a single hour to life. In your experience, what does worry actually *do* to your life...physically, emotionally, or spiritually?

##### 4. Birds, Flowers, and Value (vv.26–30)

God provides for creation, yet Jesus says we are far more valuable. Why is it sometimes hard to believe that God truly values and cares for us personally?

##### 5. Pagan Thinking vs. Childlike Trust (vv.31–32)

Jesus says worry reflects how people think when they don’t know the Father. What does Jesus mean when He implies that persistent worry is a failure of trust rather than a lack of effort?

##### 6. Seeking First the Kingdom (v.33)

This is not prosperity gospel but a call to reordered priorities. What are some practical ways we can *seek first the Kingdom* in everyday decisions—especially related to money, time, or control?

##### 7. Today’s Grace, Today’s Obedience (v.34)

Jesus says today has enough trouble of its own. What is one worry you need to release to God today, and what would trusting Him *today* look like instead of worrying about tomorrow?

**Other passages on Worry:** Philippians 4:6–7, 1 Peter 5:7

#### IMPORTANT ANNOUNCEMENTS:

Heart and Soul Class-

- Session 1: 2/01/26 @ 4pm
- Session 2: 2/08/26 @4pm